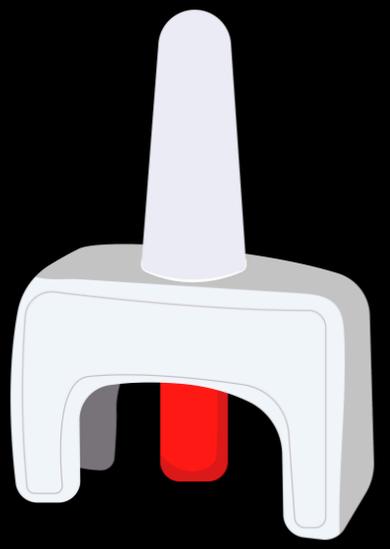


# HOW TO STOP AN OVERDOSE



WHAT TO DO IF YOU THINK SOMEONE IS EXPERIENCING AN OVERDOSE

**1**

CALL 911 & YELL FOR HELP

**2**

CHECK FOR RESPONSIVENESS / BREATHING / PULSE

**3**

TRY A STURNUM RUB AND ADMINISTER NALOXONE

[More info\\*](#)

## HOW TO CHECK RESPONSIVENESS



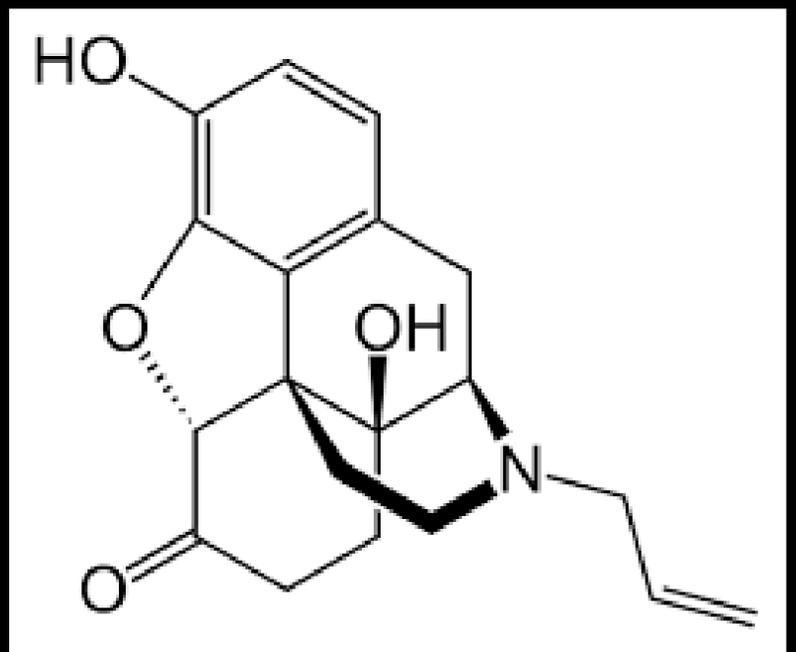
[More info\\*](#)

Get eye level with their chest. Listen and watch their breath count. The average person breathes 12 times per minute. Anything under that is an overdose.



## What is Naloxone?

Naloxone, otherwise known as Narcan, is a medication that can rapidly stop an opioid overdose. This includes drugs like: heroin, fentanyl, oxycodone (OxyContin®), hydrocodone (Vicodin®), codeine, and morphine. It can be nasally administered and injected as many times as needed and will not do any harm.



[More info\\*](#)

**4**

START RESCUE BREATHING UNTIL MEDICS ARRIVE

**5**

TURN THEM ON THEIR SIDE

IF NO RESPONSE, ADMINISTER ANOTHER DOSE AFTER 2-3 MINUTES

How to rescue breathe: Every breath that you need, they need. Plug their nose and tilt their head back and blow breaths into their mouth.

[More info\\*](#)

## Where to get Narcan?

Community Distribution Programs  
Pharmacies  
Doctors Offices



Addiction Resources

Get Free Narcan and Become a Naloxone Expert at End Overdose

